ISSUE 463

The Ordeal of Unfinished Tasks.

DATE: 27/10/2017

Dear Penfabricans,

When we were young, we were always instructed to finish our food, to complete our homework or any tasks that had been allotted to us - nothing should be left half done or unfinished. We were told that this ritual is important. It was to be persevered as it would breed good habits in our adult life. Completing all our tasks will bring about a fruitful life. Nothing should be left to chance.

Be that as it may, first and foremost, we need to distinguish the little things from the big deals. Many of us get bogged down by the little things. Often, we get upset when we could not resolve some tiny troubles. We let this get into our systems. However, it is not worth the sweat: therefore, let us stop magnifying those little things so that they do not become seemingly unconquerable large devils. Stop holding on to the little things. Shake loose of them and let them go. Let the little things slide and slither away. Without any hindrance from the little things, we will have all the energy and time for things that really matter.

A particularly important task left undone remains undone in two places: at the actual location of the task and the lingering apprehension in our own minds. The ordeal of unfinished tasks takes a toll on our heads while also gnawing at our conscience as our emotions flip flop with the outstanding issue on hand. The disturbing awareness of uncompleted

tasks saps our energy while we waste our time mulling over the issue each time we take notice of the delay. Many of us wish to be perfectionists as we await the seemingly right time and occasion to tackle the troubling issue. Our perfectionist personality gives rise to an imperfect situation and makes us unreliable for not having completed the task. Under any circumstances, it would be a far better idea to complete a task even though it may not be flawless. On the contrary, if we are unable to complete it for whatever reasons, it is not inconceivable to give up the pursuit rather than to leave it hanging in the air. This self-admitted failure will help us to at least make sure that we could cope with the next task on hand with zest and full attention.

Dear Penfabricans, when we start something, make sure we summon up sufficient oomph to finish it. Otherwise, forget it. Do not leave hanging any uncompleted task. It is wiser to admit defeat and move on with our life attending to the next task.

Have a wonderful weekend. Make sure that we do not have any uncompleted tasks hanging around our neck. Banish the ordeal of uncompleted tasks.

Thank you.

With kind regards, HSTeh.