

ISSUE 430

DATE: 10/03/2017

Kindness

Dear Penfabricans,

Kindness begets kindness.

Can we expect kindness from others in this day and time? Many of us think that kindness is difficult to come by these days. We feel the world is one that is full of cruelty. We become cold, suspicious and defensive in our outlook and action. By our such actions, the world becomes less accommodating and more suspecting. Sometimes, we equate kindness with money. So we think that by not dispensing with kindness, we do not have to spend our money. We cannot be more mistaken.

Kindness does not have to involve money or great effort. Show our kindness and concern by our very presence, care and words of encouragement. Show it sincerely. Be on hand to take notice when someone shows us concern and kindness. At the same time, be there when opportunity arises to pass on our concern and kindness forward to others.

It is imperative for us to take notice when someone shows kindness and concern to us. Do not take it for granted with such kindness. We have to reciprocate such kindness given to us and pass it on to others. By this, surely the world becomes a better place to live in.

Dear Penfabricans, no man is an island. **Kindness begins with us.** Let's us spread our kindness and our concern to people around us, our coworkers or even strangers.

Kindness begets kindness.

Have a wonderful weekend. Dispense kindness to all people around us. Be good.

Thank you

With kind regards from Penang airport on my way to Bangkok to attend Toray ASEAN Conference.

HS Teh.