

ISSUE 421

DATE : 06/01/2017

Happy New Year 2017.

My 2017 New Year Resolutions.

Dear Penfabricans,

On every new year, we are inspired to aspire for self-improvement. We would plan at the start of the year, to do better in our work and business, to exercise, to eat healthier, and be a better person. To many of us, this new year is no different. Let me share some of my new year resolutions with you. No actions are too small as they will snow ball into big results. The important point is to start taking action. Results will then be forthcoming in no time. Sow a seed today. In time, the plant will flower and bear fruits. Mother Theresa , now Saint Theresa of Calcutta once said, " Not all of us can do great things. But, we can do small things with great love." Presumably St, Theresa is alluding to the butterfly effect. [The butterfly effect is the concept that small causes can have large effects.](#)

Some examples of my 2017 New Year Resolutions:

1. Listen more. Have ears for others. Talk less. Do more. When we listen, we learn. When we speak too much, others come to know of our ignorance and feel our arrogance.
2. Less long meetings. More short impromptu meetings at the work site. Be at the spot of happenings. Solve problems at the site. Genba.
3. Learn to write short, sweet to the point emails. Stop beating around the bush to show off what we know. Anticipate questions from the recipient and answer those doubts before hand. Address all issues in one email instead of ding dong emails, wasting precious time and energy of both entities.
4. Be creative. Daily, we perform repetitive regular routines. Come up with new thinking by improving our modus operandi. Daily jobs. New answers to get better solutions. New actions. Be more effective. Improve efficiency and productivity. We cannot expect better results by doing the same thing repeatedly. Find new ideas and solutions to fix daily problems once and for all.

5. Always look at the big picture so that we are not bogged down by unimportant and trivial issues. Know what is important. Learn to live with some petty and inconsequential matters. Life is never perfect. Learn to love life as best we can.

6. Exercise more. Eat less. Walk at least 7,000 steps a day. Run 5 km on weekends to remove the clutters in my mind.

7. Before each bed time, plan the most important 6 tasks that need my attention the next day. Priority is to be given to the most important and pressing issue. Uncompleted tasks are to remain in the list until completion.

Dear Penfabricans, I do not propound to achieve only big ambitions or big dreams in 2017. However, I believe that if I persist on the 7 points above and perform them religiously and daily, the butterfly effect will help me to accomplish amazing results in my other bigger projects and targets.

Have a wonderful, effective and progressive new year 2017.

Make our dreams come true by working on them daily and persistently.

Food for thought!



Thank you.

With kind regards,

HSTeh.