## **ISSUE 451**

## Crossing into Other's Boundaries.

Dear Penfabricans,

Many of us are kept busy throughout each day tending to our chores. Thus, we may become oblivious to our surrounding. We may even be uncaring of others' feelings towards us. As

**DATE: 04/08/2017** 

we are on cruise mode, we may inadvertently cross "boundaries" and intrude into others' "territories". Like the robotic machines, we may not even realize if our actions and words are offending others.

We should look around us and check whether there is any conflict or unease with someone. See if we have crossed their boundaries. Be conscious of our actions as to whether we have done something hurtful, inappropriate or offensive to injure the feelings of others in our earnest and selfish pursuit of our own dream, goal and interests.

When we begin to notice our intrusion into others' territories, it is only appropriate and reasonable to acknowledge our poor conduct or behaviour. After that, it is right to apologize to others for our lapses and ask for their understanding and forgiveness. Sometimes, it may not be due to the boundaries' issue that led us to offend others. We may just be having a bad day. At times, we may have some nagging matters in our minds that made us uncaring and thus unintentionally offended others. An apology is still in order.

Take note that trespassing one's boundary can be a little tricky. This is because boundaries are unique, personal and uncharted. Each culture and

each individual has their own definition of the imaginary lines defining their territories. Therefore, it is essential that we show respect and patience before we cross such boundaries. After all, we do not wish others to trespass into our own as well.

Dear Penfabricans, be mindful of the existence of mental and physical boundaries that exist in our work arena and in our social circles as well. Have a wonderful weekend, be sensitive and sensible about our own and others boundaries.

Thank you.

With kind regards, HSTeh.