

In Good Company

Dear Penfabricans,

Are we conscious and well aware of the company that we keep? We are judged by the company that we associate ourselves with. Birds of the same feather flock together. Are we flocked with good company? The better educated ones usually flock among themselves. Hooligans huddle in another group. Jolly people have their own happy bunch. Pessimists may cling and cluster with one another. Wise men think alike because they are in the same exalted company while fools never differ.

When someone goes around with a bad cold in our company, there is every likelihood that we will also contract a cold. In the same manner, we are likely to catch the positive and negative vibes of the company that we keep. Look around us, are we keeping good company? Be that as it may, we do not always get to choose the people who surround us in our lives. Just like we did not have a choice in being born into our family, be it good or bad. Nonetheless, we have to be mindful and choose the right company to mingle with when options are available. It is not too late to examine it today and think over the kind of company that we associate with. What is their impact on us and what can we do about it?

When we are in wrong company, our life's experiences may leave us feeling bitter. We become unhappy, selfish and tyrannical when life is no longer a bed of roses. Thus, we ought to find a way out so that we do not feel bitter but better. It is essential to get out of a vicious

circle of poor associations. Focus not on what we have been dealt with but on how we are going to deal with things forthwith. Do not despair. Do good and kind things for others to create hope for them and for ourselves. Slowly but surely, be determined to extract ourselves from bad company and encircle ourselves with kind and good company.

Dear Penfabricans, our circle of friends and company changes as we grow older and diversify our interests, outlook or careers. Along the way, we may lose interest in some of our passions while picking up other ambitions and yearnings. In short, we change our outlook in life. We tend to develop a new circle of friends. It is imperative that we count our blessings often with the circle of friends that we have. At the same time, we need to assess time and again if we are in Good Company. In case we are not with good company, we ought to take measures to move away, lest we go deeper into trouble. Look to the future, instead of only dwelling on the past.

Have a lovely weekend. Keep Good Company always to enrich our own lives and others.

Thank you.

With kind regards,

HSTeh.