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Passing Judgement !

Dear Penfabricans,

In our daily activities, we encounter many matters that give us displeasure and disturb our mind. Most times, without further thinking, we pass judgement instantaneously. It is not only easy to judge others but seems to give much pleasure as well

Before we pass any judgement on anyone, let us hold our horses. We should first judge ourselves to assess the accuracy of our thoughts, words and deeds before judging others. The world is full of unique differences that make this planet so interesting and fascinating. Accepting these differences calls for tolerance and respect for others. Such respect for others gives rise to our self-respect and will bring progress to our mindset and broaden our own outlook in life. When there is self-respect, we will not need much external inputs for a stable and good state of mind. There is always a presence of the right frame of mind making it conducive to work with the people around us.

Go for the real issue when we are unable to achieve the desired results or fall short of targets. When we are unsuccessful, how do we cope with the circumstances? How do we regard ourselves? Do we get upset and start to blame the situation or people whom we work with for the failure? Perhaps it is the time to focus on the difficulties we

encounter. Pick up the pieces and do our best until we get some progress. At this point in time, do we want people passing their judgement on us? Certainly not.

Dear Penfabricans, **people who live in glass houses shouldn't throw stones**. Let us not pass judgement on others when we do not wish the same to happen to us. Rather, practise tolerance and open-mindedness to seek progress in what we do.

Passing judgement may be such a pleasurable pastime so long as the joke is not on us. As such, refrain from this futile practices.

Have a wonderful weekend.

Thank you.

With kind regards,

HSTeh.